Technical Assistance Exchange Newsletter
June 2, 2010

A Weekly Update for Aging & Disability Resource Centers, Community Living Programs, Alzheimer's Disease Supportive Services Programs, and their Partners

Contact us with questions about this newsletter: adrc-tae@lewin.com or 703.269.5554

Please visit the TAE website for a text version of this newsletter.

Newly Updated TAE Issue Brief and Companion Resource

The Role of Prevention in an Aging and Disability Resource Center

This TAE Issue Brief discusses disease prevention and health promotion in the context of Aging and Disability Resource Center development. It highlights strategies and resources that ADRCs can use to promote health and wellness at the community level.

Prioritizing Prevention in Your Aging and Disability Resource Center

A companion to the TAE Issue Brief on Prevention, this short document offers ten simple strategies that ADRCs can use to promote health and wellness.

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New Funding Opportunities

**Alzheimer's Disease Supportive Services Program:
Evidence-Based Caregiver Programs to Better Serve People with Alzheimer's Disease and Related Disorders**

The Administration on Aging has released a program announcement for the Alzheimer's Disease Supportive Services Program. This program announcement provides an opportunity for states to demonstrate how the New York University Caregiver Intervention (NYUCI), Resources for Enhancing Alzheimer's Caregiver Health Intervention (REACH II) and Savvy Caregiver Interventions, that help family caregivers of persons with Alzheimer's Disease and Related Disorders (ADRD), can be translated into effective programs at the community-level.

Key Dates:

- Submission of applications is 11:59 p.m., Eastern Time, on July 6, 2010.
- Letters of Intent, though not required, should be submitted by Friday, June 11, 2010 to shannon.skowronski@aoa.hhs.gov
- A teleconference will be held on Thursday, June 10, 2010 at 4:00 p.m. Eastern Time to review the program announcement and answer applicant questions.

To learn more, go to the Funding Opportunities page on the AoA website.

Upcoming Grantee TA Calls

Starting Financial Management Services in CLP & VDHCBS: Strategic Considerations

This webinar will present strategies for program administrators to consider as they determine how to provide Financial Management Services in their Community Living and Veteran Directed HCBS programs. Topics will include how to decide on a model of FMS (Agency with Choice or Fiscal/Employer Agent), whether to contract for Financial Management Services, provide them "in-house" at the AAA, or use a hybrid approach. The call will also explore two methods for procuring Financial Management Services.

Grantees who are in the process of designing the Financial Management Services portion of their program or are considering changing it should attend this webinar.

- Date: **Thursday, June 3rd**, 2010
- Time: 3:00 pm - 4:30 pm EDT
- Webinar:
  - Webinar ID: 564-317-120
  - [Register for the webinar](#)
- Teleconference: 888-844-7278, Passcode 2695542#

TAE Training: The Art of Options Counseling

Options Counseling (OC) is a key service of ADRCs that supports informed long-term care decision-making by assisting individuals and families with understanding their strengths, needs, preferences and unique situations. Options counseling helps to translate this knowledge into support strategies and plans. This training is intended for staff who directly receive and respond to inquiries about long-term care options from consumers and families, and although the context is the ADRC, other programs will benefit from the curriculum. The course defines options counseling, outlines key competencies needed to offer options counseling, and describes how it is operationalized in different organizations. For example, it describes how a variety of organizations have integrated options counseling into their established array of services. It demonstrates best practice through case scenarios, and presenters will discuss how to address challenges encountered.

Audience: This course is designed and intended for staff who directly receive and respond to inquiries about long-term supports and services, and who are involved in offering decision support to individuals and families.

- Date: **Thursday, June 10**, 2010
- Time: 3:00 - 4:30 PM Eastern
- Webinar:
  - Webinar ID: 341-580-576
  - [Register for the webinar](#)
- Teleconference: 866-216-6835, Passcode 882790

New TAE Website Additions

Evidence-Based Care Transitions Models
These tables detail two hospital-to-home care
transitions models and two models of care coordination
that center on primary care. The TAE gathered the
information presented here through a review of
published articles about each model, a review of
materials used in each model, and interviews with the
founders of the models.

Nevada's Care Connection: Detailed Outreach Flier
This flier from Nevada's Care Connection ADRC presents questions about
imminent risk, detailed service options, and contact information.

Nevada's Care Connection: What is an ADRC?
This brochure presents information on how to contact an ADRC and
services provided.

A Cross-System Profile of Maine's Long Term Support System
This document provides a new way of looking at Maine's long term
services and supports, with an emphasis on developing a common
approach for describing and analyzing long term services and supports
across programs.

Bangor's Benefits Checklist
A checklist for determining benefit eligibility.

Bangor's Intake Procedures
In order to accurately record and collect information from people who
call for information and assistance, Eastern Agency on Aging Intake and
Referral staff has a standard list of questions that are asked. This policy is
developed to ensure that the information is consistent and applicable to
the services requested.

Bangor's Information and Assistance Procedures
This policy helps to outline the intake and referral process guidelines to
be used by staff, paid or volunteer, to ensure consistency and
completeness of the referral and assistance process.

What is Mesa County ARCH?
This marketing material from Colorado's Mesa County provides information
on the Adult Resources for Care and Help services.

Colorado's Adult Resources for Care and Help Project Evaluation
The evaluation was organized around the stated goals of streamlining
access to appropriate long term care services, expanding and integrating
information and assistance services, and identifying unmet needs and
coordinating policy solutions through a regional advisory council. This
analysis follows the federal program guidelines for ADRC evaluations.

Upcoming CIL-NET Webinars

This year, CIL NET is offering a teleconference & webinar series on the four-core services of Centers for Independent Living. Taking place in five parts, the series will explore best practices and innovative approaches to the four core services: Information & Referral, Peer Support, Independent Living Skills Training, Individual Advocacy, and Systems Advocacy. Each presentation in the series will feature CIL staff and programs that are especially successful at providing excellent services to their communities.

Get to the Core of It: Individual Advocacy

Individual advocacy is a primary mechanism for community building and essential to protecting the civil rights of all people with disabilities. Two staff members from SKIL, Southeast Kansas Independent Living, will share their approach to introducing consumers to independent living and helping them find their voice and power as advocates. In addition to sharing their philosophy and approach, the presenters will share specific tips for connecting with all kinds of consumers, helping them navigate and fight barriers and injustice, and developing leadership and advocacy skills.

- Date: June 9, 2010
- Time: 3:00-4:30 PM EST
- Register Online
- Cost: $75

Get to the Core of It: Systems Advocacy

Also join CIL-NET for their fourth episode, Systems Advocacy. Chris Hilderbrant from the Center for Disability Rights (CDR) in Rochester, New York will outline his Center's outstanding approach to systems advocacy. Chris will outline CDR's use of the pitchfork approach to advocacy and how you can use it in your community. This includes advocating at all levels of government, how to get media coverage, and tips on protest and direct action. In addition, you'll learn how to help consumers become effective systems change advocates and how, as a Center, you can measure and document your success.

Target Audience: Executive directors, advocates, and other staff of Centers for Independent Living who are involved in systems advocacy.

- Date: June 16, 2010
- Time: 3:00-4:30 PM EST
- Register Online

- Cost: $75

TAE Website Tip of the Week

Experiencing trouble logging in to the TAE website?

You can now retrieve a forgotten username by clicking on the "Forgot Your Username?" link at the bottom of the log in box.

The system will send your username to the email address you used to register for the site.

Contact us anytime at adrc-tae@lewin.com for website support.